**Smart Snacks**

Below are some healthy snack options for you to consider for birthdays or other class events. Unfortunately it is hard for us to approve homemade items for classroom distribution. Please remember to be mindful of potential peanut, nut, egg, milk, or other food allergies. Please check with teachers before serving any food to students.

For more detailed information, see <http://tools.healthiergeneration.org/calc/calculator/>

**Snack suggestions**: Fresh Fruit, Yogurt or Gogurt sticks, String Cheese, Sugar-free popsicles, 100% Juice boxes

Listed below are specific products and items to give you more detailed examples of Smart Snacks approved in State legislation:

Nutri Grain Blueberry Bar Del Monte Mixed Fruit Tube

Nutri Grain Apple Cinnamon Bar Del Monte Strawberry Fruit Tube

Nutri Grain Strawberry Bar Baked Lays Regular Chips - .875 oz.

Special K Red Berries Bar Baked Lays BBQ Chips- .875 oz.

Elf Grahams – 1 oz. package Baked Cheetos Crunchy- .875 oz.

Scooby Doo Graham Sticks – 1 oz. package Sun Chips Multigrain- 1 oz.

Cheez-Its Whole Grain – 1 oz. package Sun Chips Garden Salsa- 1 oz.

Keebler Animal Crackers – 1 oz. package Sun Chips Harvest Cheddar- 1 oz.

Quaker Oats Apple & Cinnamon Granola Bar Trix Cereal Bar

Quaker Oats Oatmeal Raisin Granola Bar Cinnamon Toast Crunch Cereal Bar

Quaker Chewy Granola Bar Apple Cinnamon Cheerios Bar

Welch’s Fruit Snack Mixed Fruit – 1.5 oz. package

Whole Grain Cheddar Goldfish – 1 oz. package

Giant Goldfish Cinnamon Graham - .9 oz. package

Pretzel Goldfish - .75 oz. package

Fruit Roll-Ups S’berry Reduced Sugar- .5 oz.